# ASTHMA SYMPTOMS & UTILIZATION: FOLLOW UP

<table>
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<th>Patient Name:</th>
<th>Date:</th>
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This form is used to collect information about the patient’s asthma 6 months after the baseline assessment and again 12 months after the baseline assessment. Answers on this form can be compared to the answers at baseline to chart patient improvement.

When asking the questions below, it is helpful to show the family a calendar as a reference.

1. In the **last 4 weeks**, how many days did the child have wheezing or tightness in the chest or cough?

   ________ days

2. In the **last 4 weeks**, how many days did the child have to slow down or stop play or activities because of asthma, wheezing or tightness in the chest, or cough?

   ________ days

3. In the **last 4 weeks**, how many nights did the child wake up because of asthma, wheezing or tightness in the chest, or cough?

   ________ nights

4. During the **last 4 weeks**, how many days did the child miss school due to asthma?

   ________ days

5. During the **past 6 months***, how many times did the patient have to stay overnight in the hospital for asthma problems or for any reason where asthma problems were addressed? [Do not include overnight waits in the ED unless the child was there for more than 24 hours, not including the wait time. This should be the total number of admissions, not the total number of nights.]

   ________ times

6. Not counting hospitalizations, during the **past 6 months***, how many times has the patient had an urgent visit to a clinic, doctor, or hospital emergency department for emergency care for asthma? [By urgent visit, I mean not scheduled more than 1 day ahead of time. Do not include visits which resulted in an overnight hospitalization – hospitalizations are covered in question 5 – and do not count 2 visits to these types of facilities that occurred on the same day as separate events.]

   ________ times

7. Is the child currently taking any medications prescribed for asthma every day, even when he is/she is well, to prevent symptoms?

   □ Yes
   □ No

8. Does the child have an Asthma Action Plan? [An Asthma Action Plan is a set of written instructions that tell you how to take your medications when you are having asthma symptoms.]

   □ Yes
   □ No

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* Follow-up visits are designed to be conducted every 6 months in CHAMPS. When comparing results between the baseline and follow-up visits, note that the follow-up visits ask about healthcare utilization in the **last 6 months** compared to utilization in the **last 12 months** at baseline.