

A

Asthma Triggers

Coloring Book



A

is for Asthma

Having asthma
sometimes makes it
hard for me to
breathe.



Instructions

Have child circle Asthma Triggers on each page.

Living Room

Keep dust and
pet hair to a
minimum!



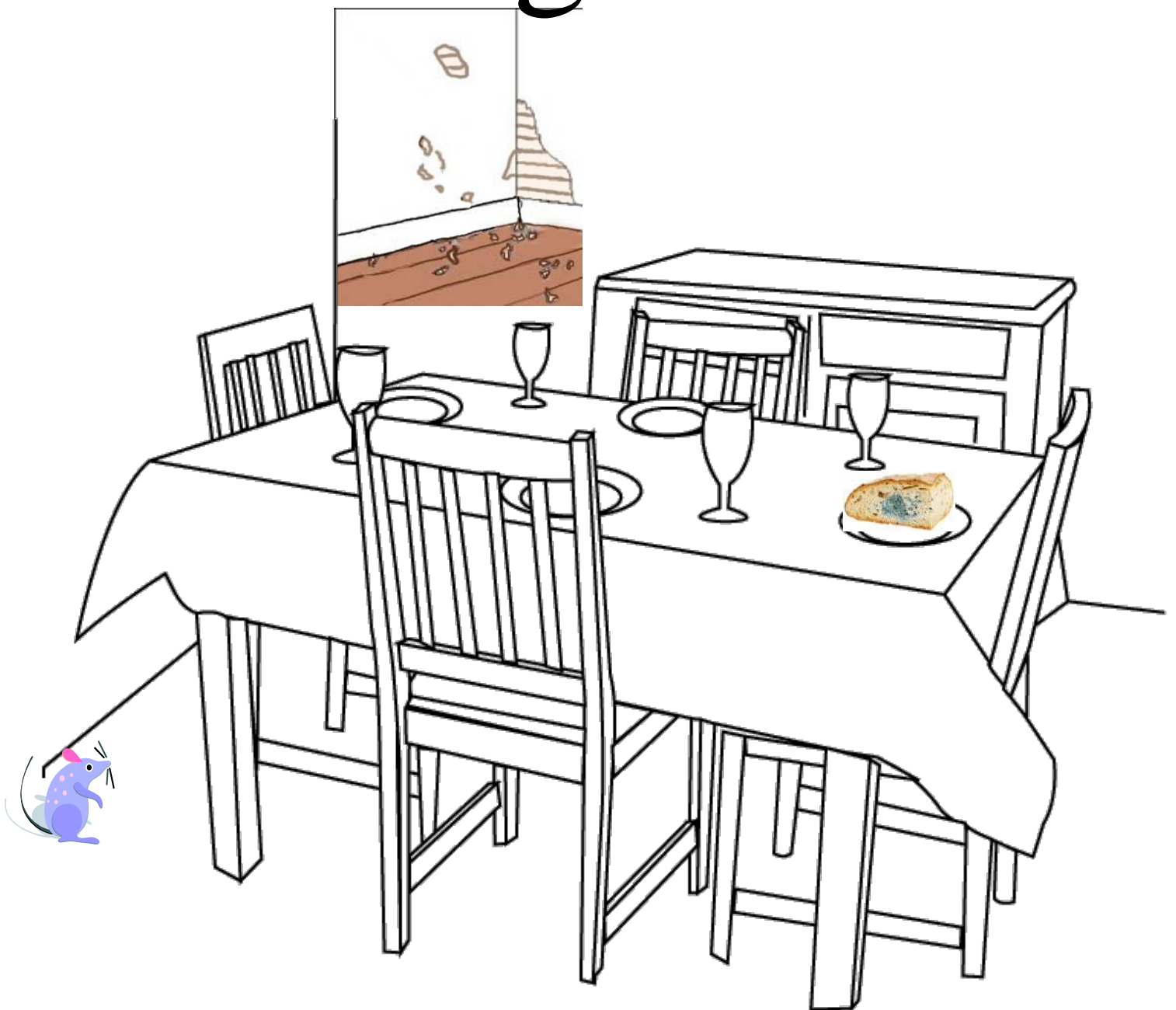
Answers

1. Dog
2. Sweeping Dust
3. Cockroach

Clean up food
after eating to
keep the bugs
away!



Dining Room

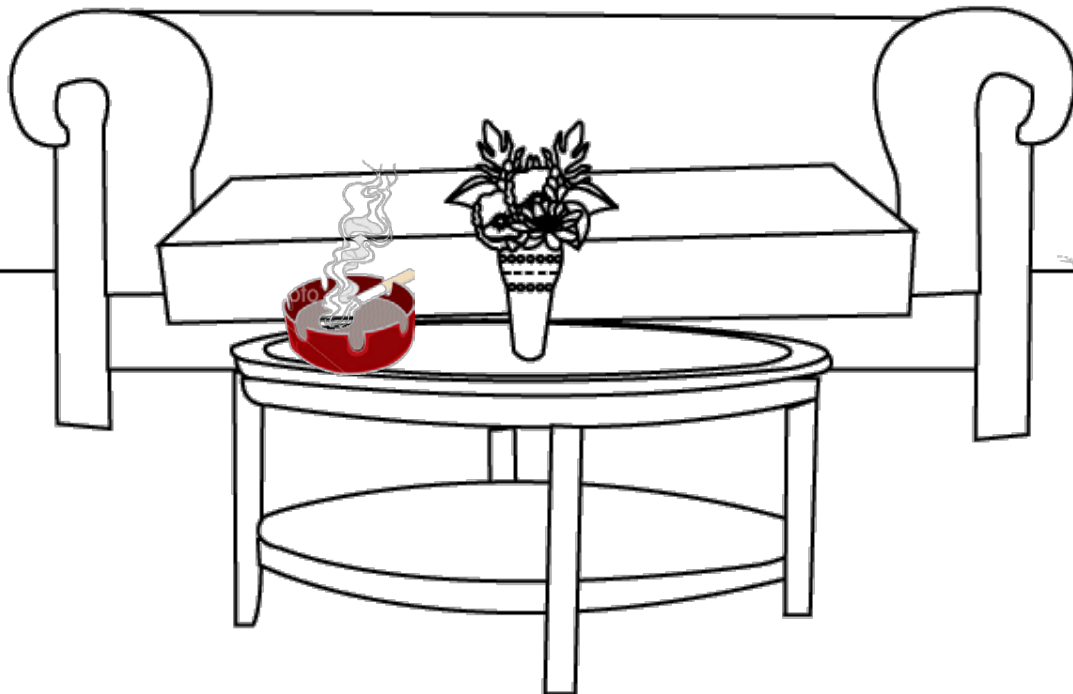
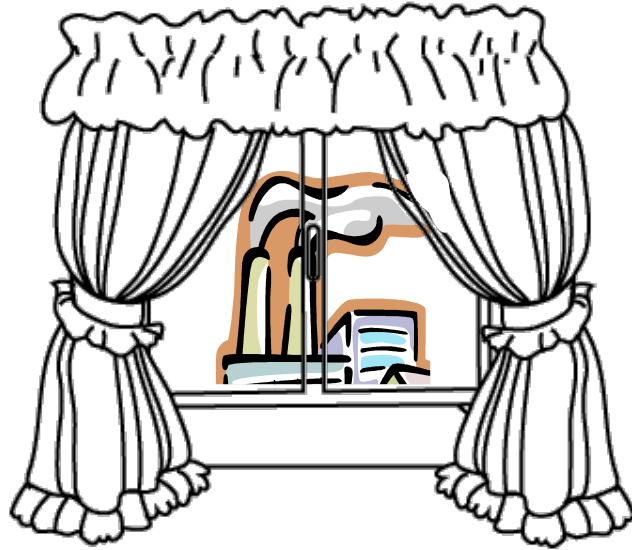


Answers

1. Peeling Paint 2. Moldy Bread 3. Mouse

Den

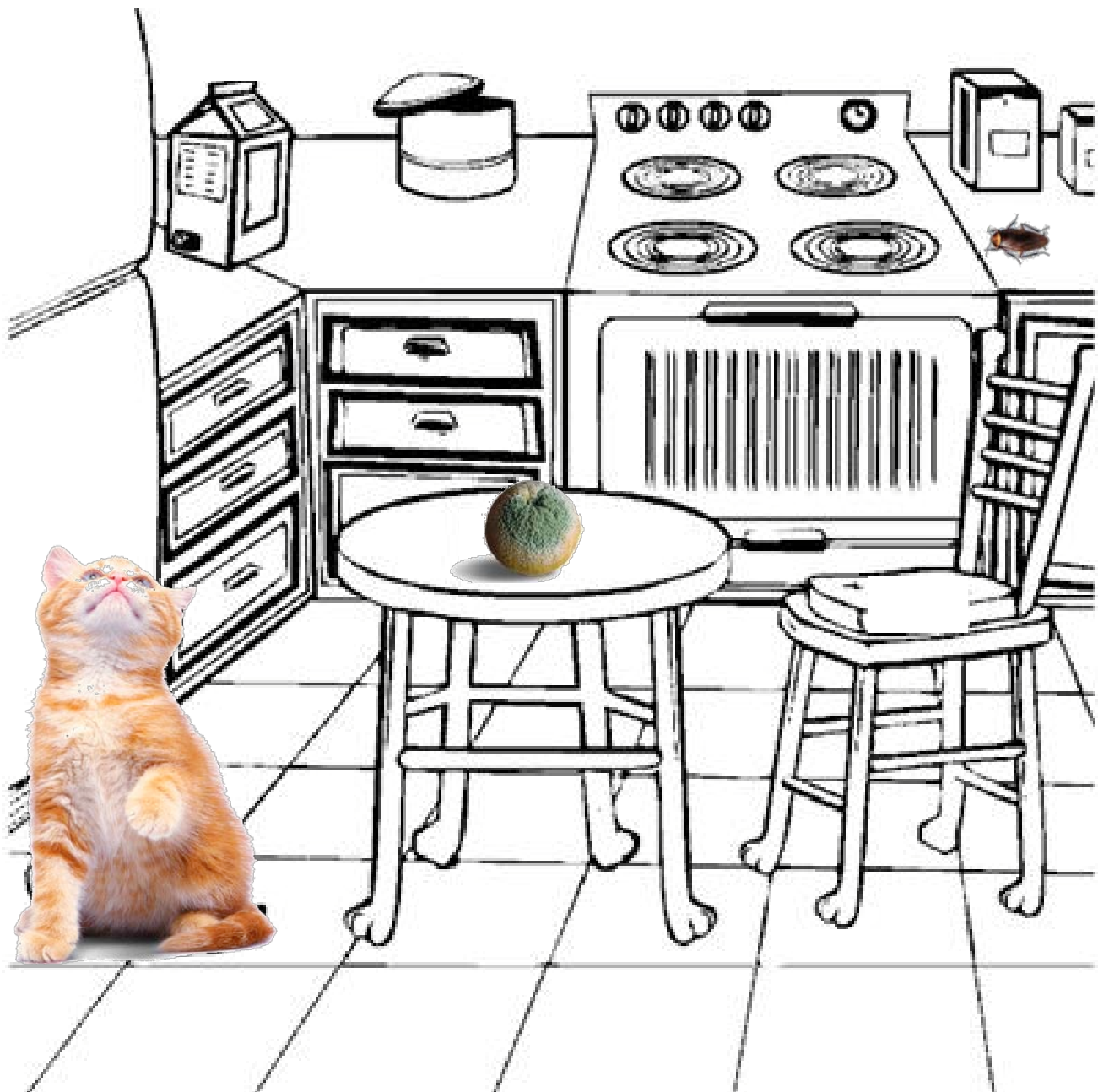
No smoking in
the house!



Answers

1. Cigarette/Ashtray 2. Smoke Stack 3. Bird Cage with Bird

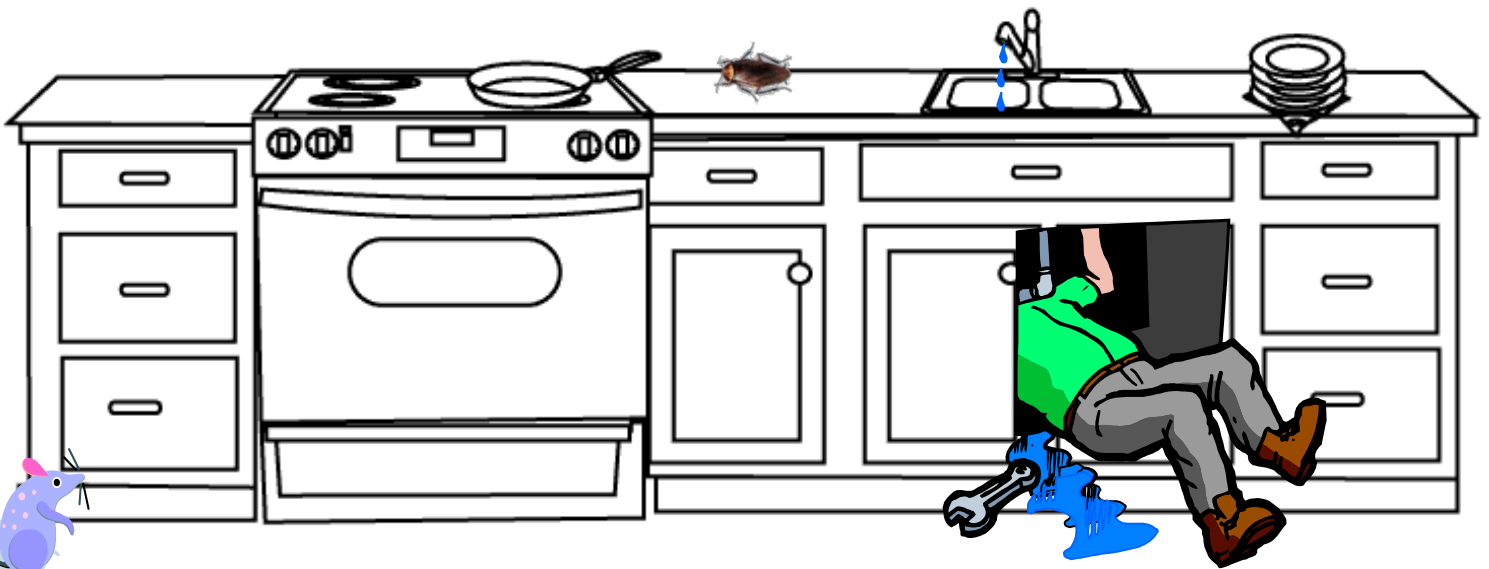
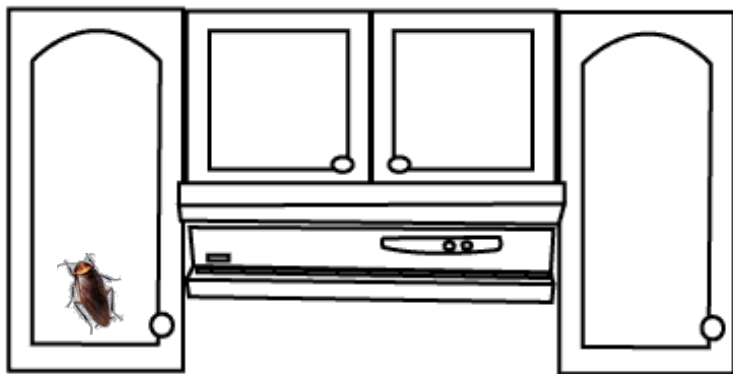
Kitchen



Answers

1. Cat 2. Moldy Orange 3. Cockroach

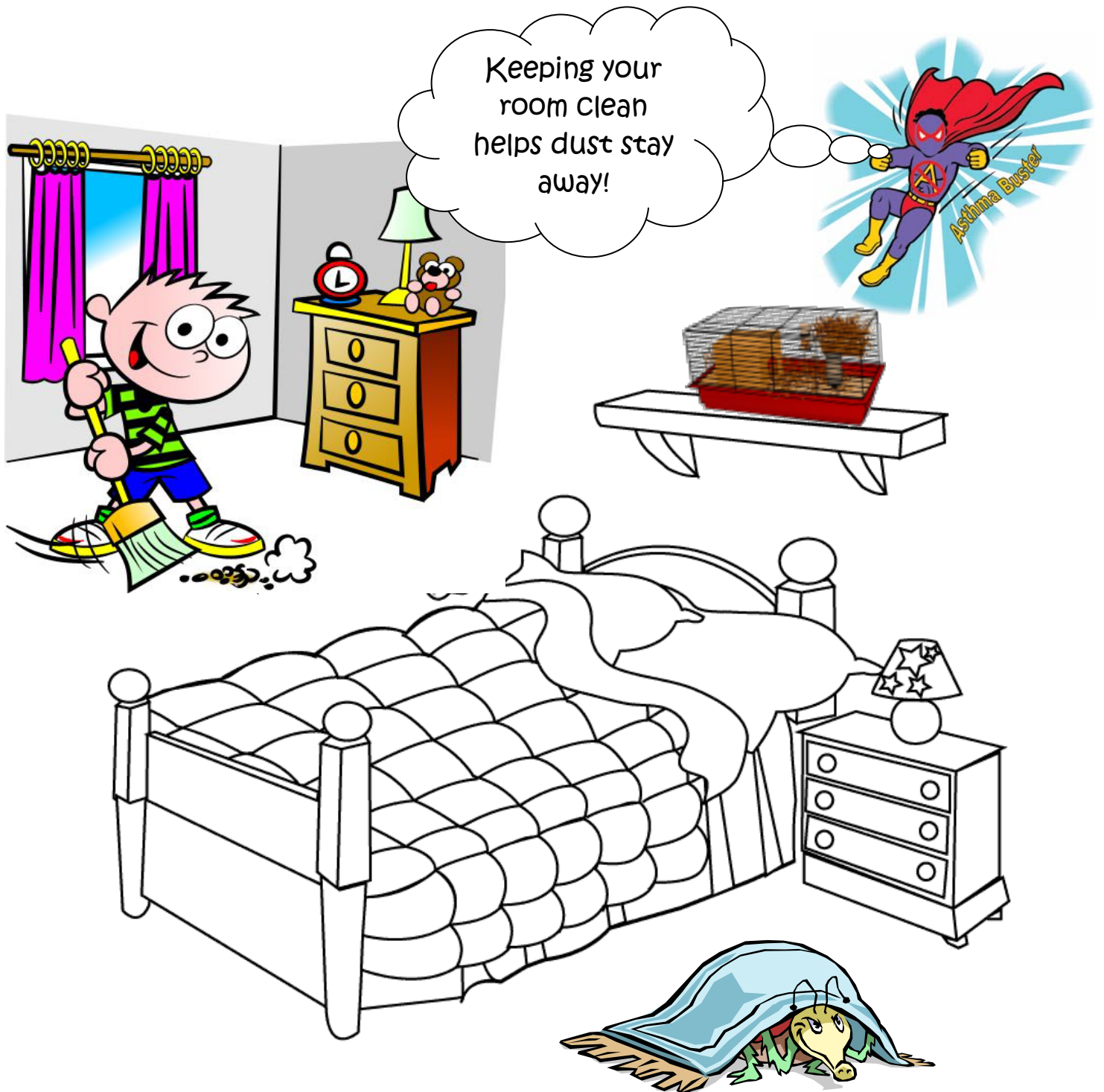
Always keep
the kitchen
clean!



Answers

1. Mouse
2. Water Leak
3. Cockroach

Bedroom

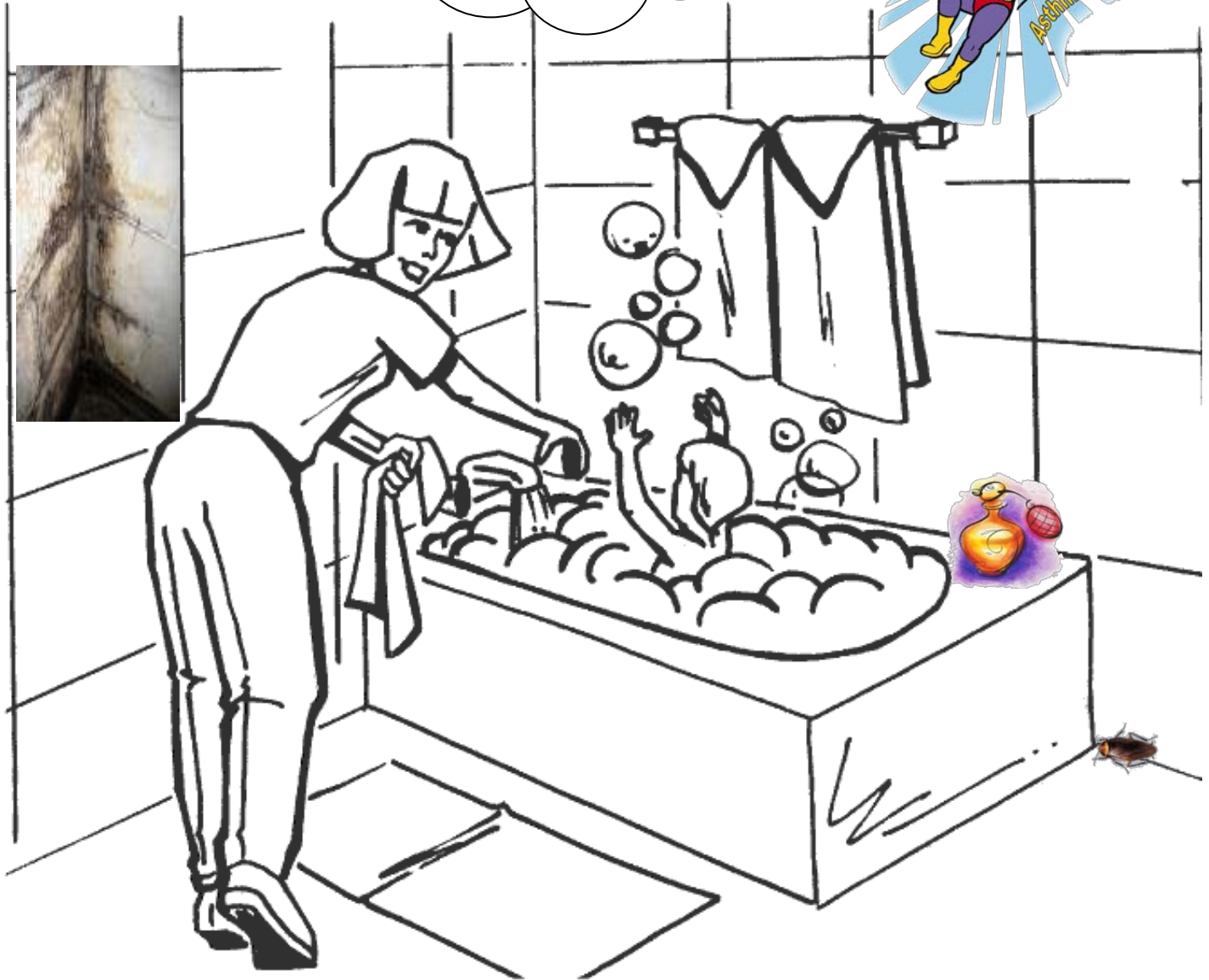


Answers

1. Kid Sweeping
2. Dust Mite under Rug
3. Hamster and Cage

BATHROOM

Parents should
make sure the
bathroom stays
clean and dry!

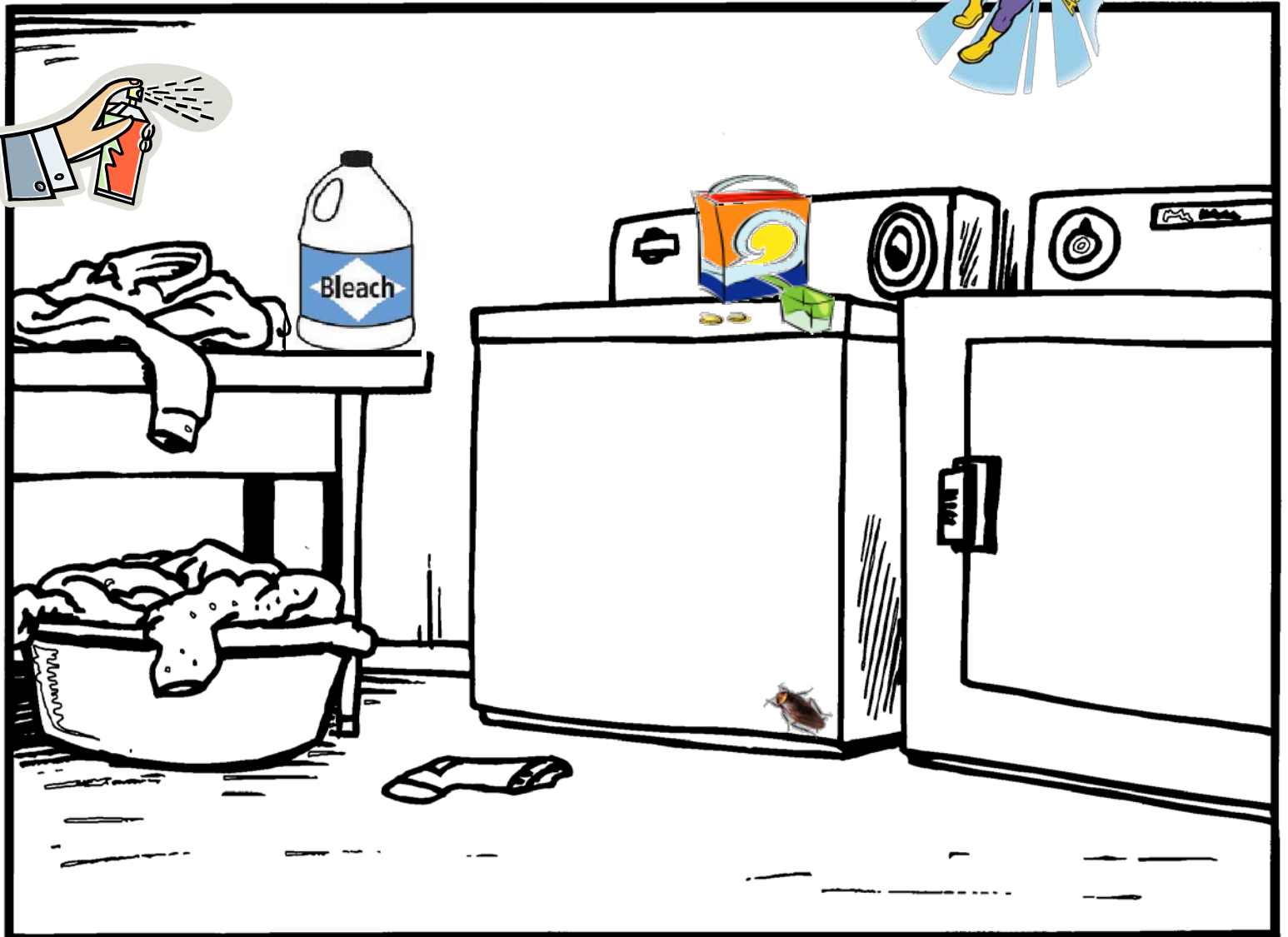


Answers

1. Mold 2. Cockroach 3. Perfume Bottle

Laundry Room

Use cleaning products and detergents wisely!



Answers

1. Bleach Bottle
2. Spray Can
3. Detergent Box
4. Cockroach

Backyard

Keep grass
cut and yard
clean!



Answers

1. Flower with Pollen 2. Weeds, Grass 3. Dog

Wheeze

